

FAR GRAVEL REGULATION 2024 (updated 26-02-24)

Art. 1: Definitions

FAR Gravel is a non-competitive cycling event.

It's not a race! It's not a race!

This year too there will be two short self-timed sections of free choice.

It's an adventure full of fun and discovery of the area!

FAR Gravel is a cycling excursion on gravel, mtb, e-bike, city-bike type bicycles. Due to the type of routes to be tackled, the use of road bikes is not recommended.

FAR Gravel hereinafter also referred to as: Event or Demonstration, is organized by A.S.D. FAR hereinafter referred to as: Organization.

Art. 2: Routes

FAR Gravel develops along dirt roads and dirt paths, mostly on protected cycle paths, there are sections on secondary asphalted roads open to normal vehicle transit.

The difference in altitude is negligible. Crossings of provincial and/or state roads are possible.

Three routes of approximately 50 km, 100 km and 150 km are planned.

This year we have also introduced a further route called 200 km unsupported dedicated to the more adventurous bikers.

A few days before the Event, all registered participants will be sent an email containing the updated GPX tracks and a summary of the fundamental information. The definitive tracks will however also be downloadable from the website www.fargravel.it a few days before the Event.

Participants will have to load the GPX track onto their navigation devices and follow it from start to finish. It is forbidden to change the route. The route must be followed entirely and without cuts. If you deviate from the route you will have to pick it up from where you left off. Outside the track you are considered external to the Event. If you need assistance, you must explicitly communicate this to the Organization, using the telephone numbers made available by the same, indicating the place where you are located.

The Organization has the right to change the routes at any time.

On the day of the Event, before departure, participants must pay maximum attention to the specific group briefing.

The 50km route will be fully signposted so it is not mandatory for participants to upload the GPX track onto their navigation devices (which are therefore not essential). Along the 50 km route there will be staff present, specifically identified by the organisation, to regulate transit at the "critical" points and a person, recognizable by the end of race sign, who will follow the participants throughout the entire route. For the 50 km route a recovery service is also available in case of need, you will need to refer to the telephone numbers made available by the Organisation.

The 100km route will only be signposted at key points for which it is necessary to download the GPX track provided by the Organisation.

The 150 km route will not be signposted and you will have to refer exclusively to the GPX track provided by the Organisation.

The 200 km unsupported route will not be signposted and you will have to refer exclusively to the GPX track provided by the Organisation. The route includes a fair portion of dirt road at the beginning, making it suitable for more expert cyclists. Participants must be independent from a nutritional point of view but will be able to take advantage of the refreshments if already active when they pass and the medical assistance of the ambulance which will be active from 12:00 to 24:00 on Saturday 09/21/2024. Participants will receive a ticket on which they will have to affix the stamps prepared at some points of the route as evidence of their actual passage.

Tracking via the Whip Live app.

Participants in the 100, 150 and especially 200 km routes are strongly advised to activate the tracking system via the Whip Live app.

Timed sections

This year too, to meet the needs of the performers, along the 100 and 150 km routes, there will be two short timed sections of free choice through the autonomous activation of Strava.

Art. 3: Program

Far Gravel, hereinafter referred to as the Event, will take place on Saturday 21 September 2024 in Argenta (FE).

Info point, FAR Village, Departure and Arrival will be located in Piazza Marconi.

For participants in the 50, 100 and 150 km routes, the departure will be from 12:00 to 13:00. The departure of the individual participants will take place in the French way or in a group at the discretion of the Organization.

Participants in the 200 km unsupported route will be able to start in the French way from 10:00 after collecting their bib number.

We reserve the right to change departure times and/or methods as needed.

Arrival for everyone must take place by midnight on Saturday 21/09/2024.

Art. 4: Registration and medical certification

All people who have reached the age of 18 at the time of registration, of any gender, nationality, whether or not belonging to sports groups or not, will be able to participate in Far Gravel under the conditions set out below.

Minors will be able to participate, under the conditions set out below, only if accompanied throughout the entire journey by a parent (or designated tutor) who must explain their authorization and responsibility in written form.

Foreigners will be able to participate under the same conditions as Italian participants or situations will be considered explicitly equivalent or as declared by the participant, to Italian legislation.

Registrations can be made on the specific website www.fargravel.it and/or with any additional methods that will be communicated through the site and social channels.

To register minors, contact the Organization at info@fargravel.it.

Registrations will open at 00:00 on 02/03/2024 and will close at midnight on 15/09/2024.

No registrations will be taken on the day of the event!

ROUTE 50 KM (Promotional activity - Ecological Cycling, max pace set at 25 km/h):

Open to all, members and non-members alike, without the need for medical certification for adults.

Minors (accompanied) will be able to participate, from the age of 15 on the day of the Event, only with a sports medical certificate, even non-competitive, valid on the day of the Event.

ROUTES 100 KM – 150 KM – 200 KM UNSUPPORTED:

Open to everyone, members and non-members, with a competitive sports medical certificate for cycling.

Members are reminded that the presentation of the competitive (non-cycling) cycling card does not replace the obligation to present the above medical certification. Members must therefore present a competitive sports card and medical certificate for cycling, valid on the day of the Event.

Minors cannot participate.

The medical certification will be verified through the datahealth system.

Registration fees and services

registration opens: at 00:00 on 02/03/2024

first 5 registrations: free;

15 euros until midnight on 03/03/2024

20 euros until midnight on 03/31/2024;

25 euros until midnight on 05/31/2024
30 euros until midnight on 06/30/2024;
35 euros until midnight on 08/31/2024;
40 euros until midnight on 15/09/2024 (registration closes).

Registration entitles you to:

- Collection of number/"bib number";
- Collection (upon return) of the Event Package containing technical gadgets and/or food products;
- Free access to refreshments along the route;
- Free use of the changing room and toilets at the Far Village;
- Fantastic prizes to be drawn among all participants.

Art. 5: Collection of bib and event package

For participants in the 50, 100, 150 and 200 km routes, the bib number/bib can be collected on the day of the event at the Info Point from 10:00 to 12:00.

The event package will be delivered to all participants upon returning from the route.

Art. 6: Refreshments

For the 50, 100 and 150 km routes, there will be more free refreshments distributed along the route.

Participants in the 200 km unsupported route must be independent from a nutritional point of view, but will be able to take advantage of the refreshments mentioned above if already active when they pass.

Art. 7: Prizes

The organization undertakes to raffle off various and technical materials normally used in cycling and/or prizes in kind, by drawing among all participants.

There are also dedicated prizes for the first three classified in each category of the timed sections.

There are also dedicated freebies for participants in the 200 km unsupported route.

Art. 8: Physical preparation

Participants are required to have good physical preparation, resistance to prolonged efforts, and above all a spirit of adaptation.

For participants in the 100 and 150 km routes, good knowledge of the use of navigation tools and good orientation skills are required.

For participants in the 200 km unsupported, in addition to perfect physical shape, excellent knowledge of the use of navigation tools and excellent orientation skills are required.

When choosing the route, each participant must evaluate physical ability, preparation, and declarations made. Each participant therefore makes a conscious choice which releases the Organization from any liability.

Art. 9: Mandatory minimum allocation

Even if there will be multiple refreshment points along the route, each participant must be autonomous and self-sufficient in terms of food (especially water) and equipment in case of any technical failures.

Participants in the 200 km unsupported route must be autonomous and self-sufficient in terms of food (especially water) and equipment in the event of any technical failures as they cannot safely count on the opening of refreshment points as they pass through and on the presence of the hospital's health assistance. 'ambulance which will be activated starting from 12:00 and deactivated at 24:00 on Saturday 21/09/2024..

The use of a hard helmet and the presence of an adequate acoustic signaling device is mandatory. It is also mandatory to carry a breakdown/puncture repair kit with you.

For participants in the 100/150/200 km unsupported it is mandatory to be equipped with an adequate front and rear lighting system as well as a high visibility jacket or braces as they will have to tackle sections at night/in the evening or late afternoon.

We recommend appropriate and suitable clothing to face any adverse weather conditions (sun, wind, rain, hail, lightning, cold, fog).

Please remember that the route includes off-road, dirt and/or gravel sections, sometimes bumpy, so suitable for Gravel, MTB, Cyclocross, City-Bike and similar bicycles, including electric ones, the use of racing bicycles is not recommended. /street.

Art. 10: Health and mechanical assistance

Health care is provided along the entire route by ambulance with medical personnel on board which will be activated in conjunction with the group start of the Far Gravel Classic (50, 100 and 150 km routes) or at 12:00 and deactivated at midnight: 00 on Saturday 21/09/2024. Participants in the 200 km unsupported will be able to count on ambulance medical assistance only during the time slot indicated above.

The reference hospitals are: Argenta Hospital and Delta Hospital.

No mechanical assistance is provided.

There is no recovery service for those who have withdrawn and there are no obligations on the part of the organizers to search for participants on the route. Only for participants in the 50 km route, recovery will be carried out in case of actual need; in this case the request will be resolved within a timeframe appropriate to the situation in which the Event is taking place.

Each participant undertakes to communicate their withdrawal at the Far Village info point or by calling or sending a message to the number 335 5373693 (Raffaele) or another telephone number that will be communicated. This communication is also necessary in case of failure to pass through the info point on the way back to collect the race package.

In case of any difficulty, each participant must call or send a text message to the numbers indicated above. We reserve the right to change and communicate any other numbers before departure (briefing).

Art. 11: Highway code and rules of conduct

It is mandatory for all participants to strictly comply with the Highway Code, along any stretch of the route. Maximum respect for other participants and third parties who do not participate in FAR Gravel, the environment, public and private properties, wild flora and fauna is also mandatory.

Along the timed sections, one's competitive spirit must be expressed with the utmost respect for the slower and less experienced participants without ever creating dangerous situations.

Each participant undertakes not to produce unnecessary noise, to behave appropriately, and not to disperse any waste or material along the route.

Each participant takes part in FAR Gravel at their own risk and is considered to be on a free personal excursion without any additional rights compared to other users of the paths and roads.

We recommend: maximum caution, especially where the route involves crossings and/or situations of potential danger, maximum respect for road signs and those set up along the route.

Being part of the off-road route, some sections could be bumpy, the participant will overcome the difficult section at his own discretion by getting off the bicycle and proceeding on foot;

Each participant undertakes to strictly follow the instructions of the Organization, the Police and the volunteers present along the route.

The provisions set out above, with particular reference to respect for all participants, are mostly valid for those who intend to try their hand at timed sections.

Upon return, it is mandatory to inform the Info Point of the end of your journey in order also to collect the event package.

Art. 12: Cancellation of the event

The Event will take place in any weather condition that does not jeopardize the safety and health of participants, and may be interrupted at the discretion of the Organisation. If, for any reason of force majeure, the Event does not take place and/or cannot be postponed, the participation amount will neither be refunded nor transferred to the following year. Always due to force majeure, the Organization reserves the right to change the way FAR Gravel 2024 is held at any time and following any method deemed appropriate. Obviously, all possible prohibitions and provisions relating to the Covid 19 pandemic will be respected. Those who participate in FAR Gravel 2024 undertake to respect all the rules to combat the spread of the pandemic, to be fully collaborative with the Organization and fully respectful of the health of sensitivities others. The Organization will monitor the evolution of the pandemic situation, any changes to the Event will be communicated via email to the participants who have registered in the meantime and will

be communicated on the website www.fargravel.it. FAR Gravel is equipped with the necessary Health Plan which is validated by the appropriate bodies as well as all the other Authorizations and Permits required by national laws.

Art. 13 Processing of personal data

Participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organizer's Privacy Policy.

The data controller is the Organizer: FAR Amateur Sports Association.

By registering for the Event, the participant confirms that they have carefully read the Organizer's Privacy Policy.

Art. 14: Responsibility and final rule

The participant is aware that the Organization of the event is not a Professional Organizing Body, but it acts only for recreational purposes, voluntary promotion of the territory and in any case without any financial purpose (art. 1174 Civil Code). It therefore follows that the Organization is in any case indemnified from any liability connected to the FAR Gravel cycling excursion. It is also indemnified from any liability regarding events that may occur to the cyclist such as: accidents, loss of route, physical problems, accidents, thefts, etc. The Organization declines all responsibility for itself and its collaborators, for accidents or damage to people or things, which may occur before, during and after the Event or as a result of it. It therefore follows that the FAR Gravel cycling excursion is to be understood as a meeting with spontaneous and independent participation of cycle tourists and cycle amateurs on a free and personal excursion.

The Organization also reserves the right to exclude from the Event cyclists who behave incorrectly before, during and after it.

FAR Gravel abhors any doping practice or any behavior similar to it; those who participate implicitly commit themselves similarly.

By signing the registration form (also online), each participant declares:

- to have read and understood this Regulation and to accept every part of it;
- to have understood that the Event is a non-competitive cycling excursion without rankings;
- to be aware that participation in the Event, especially for longer routes, requires considerable physical effort;
- to be in good health and in suitable physical conditions to undertake the chosen route;
- to be in compliance with the required medical certification and/or membership;
- declares not to use doping or drugs or medicinal substances that could alter performance or cause situations of damage or danger to oneself or others;
- to strictly respect the highway code, the other participants, the other users of the road and paths, the environment, the property of others, the flora and fauna, whether public, private or wild;
- to slavishly follow the instructions of the Organization, the Police Force and the volunteers present along the route;
- to be suitably equipped from a technical point of view to deal with difficult situations (adverse weather conditions, poor night visibility, gravel, dirt, bumpy sections, breakdowns and punctures);
- to be adequately prepared to deal with emergency situations (accidental falls, collisions with unattended and/or wild animals, other participants and vehicles);
- have experience in GPS navigation on off-road and/or otherwise untracked routes;
- to grant the Organization consent to the use of their personal data (address, email, telephone number, video and photographic images) pursuant to Legislative Decree 196 of 30 June 2003 and art. 13 GDPR (EU Regulation 2016/679) according to the methods and within the limits set out in the Privacy information attached at the bottom of the Regulation.

Note

A copy of the regulations on the website will be displayed at the Info Point of the Far Village and at the Info Point in the event of promotional events of the Exhibition. The Organization reserves the right to modify these regulations at any time for reasons it deems appropriate for better organization of the race. Any changes will be communicated through the appropriate social channels.